group consisting of N^G -monomethyl-L-arginine, N-nitro-L-arginine methyl ester, N^G -nitro-L-arginine, N-iminoethyl-L-ornithine, N^G -amino-L-arginine, L-canavanine, citrulline, canaline, homocitrulline, and aminoguanidine wherein said condition is selected from the group consisting of arthritis, periodontitis, gingivitis, granulomas and fibrosis.

- 2. The method of claim 1, wherein said compound is selected from the group consisting of N-iminoethyl-L- 10 ornithine, N^G-amino-L-arginine, citrulline, canaline, homocitrulline, and aminoguanidine.
- 3. The method of claim 2, wherein said effective amount is from about 1 to about 100 mg/kg/day.
- **4.** The method of claim **2**, wherein the administration ¹⁵ is parenteral.
- 5. The method of claim 4, wherein the administration is intravenous.
- **6.** A method for treating a mammal having rheumatoid arthritis comprising administering an effective amount of N^G -amino-L-arginine or aminoguanidine.
- 7. The method of claim 1, wherein said granulomas are granulomatous hepatitis, Wegener's granulomatosis, granulomatous disease, allergic granulomatosis, granu-25

lomatous arteritis-Folymyalgia rheumatica or hepatic granulomas.

- 8. The method of claim 7, wherein said hepatic granulomas are hepatobiliary disorders.
- 9. The method of claim 8, wherein said hepatobiliary disorders are primary biliary cirrhosis or granulomatous hepatitis.
- 10. A method for treating a mammal having chronic periodontitis and gingivitis comprising administering an effective amount of a compound selected from the group consisting of N^G-monomethyl-L-arginine, N-nitro-L-arginine methyl ester, N^G-nitro-L-arginine, N-iminoethyl-L-ornithine, N^G-amino-L-arginine, L-canavanine, citrulline, canaline, homocitrulline, and aminoguanidine.
- 11. A method for suppressing joint disease, inflammation, tissue swelling, and bone and cartilage degradation in a mammal having chronic arthritis comprising administering an effective amount of a compound selected from the group consisting of N^G-monomethyl-L-arginine, N-nitro-L-arginine methyl ester, N^G-nitro-L-arginine, N-iminoethyl-L-ornithine, N^G-amino-L-arginine, L-canavanine, citrulline, canaline, homocitrulline, and aminoguanidine.

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